



Kinross Fort Knox presents

24th Annual

Mosquito Meander

5k FUN
RUN/WALK



KINROSS

Fort Knox

Benefitting
Fairbanks Counseling & Adoption

FUNDRAISING TIPS!

- Update your personal fundraising webpage and share your story! Tell others why it's important for you to be a part of the 24th Annual Mosquito Meander.
- Send emails from your JoinMe website (already written for you!) to ask for support from friends, family and co-workers.
- Use social media! Your Facebook page or Twitter account are great ways to get the word out. Include a link to your fundraising page or an invitation to join your team in your status.
- Invite others. Take your fundraising efforts to the office or host a garage sale, bake sale, dinner party or game night with your team. Ask for donations in exchange for goods or entry to your event.
- Ask your employer to match your fundraising or make a straight donation. You might also ask them to institute a casual dress or half-day off for all employees who join your team or make a donation.
- Host a garage sale and increase the amount you raise by asking for a \$1 donation on every transaction.
- Give friends a jar or cardboard box and ask them to collect their spare change over the months leading up to the event.
- Add a standard signature line to your outgoing email reminding recipients to support your efforts.
- Ask your favorite hairdresser or barber to donate \$2 for every haircut they complete over a weekend.
- Request an event poster and post it at school, work and around your community.

4 EASY WAYS TO RAISE \$250

- Invite ten friends over for movie night and ask each of them to contribute \$10
- Ask three family members to sponsor you for \$25 each
- Ask your employer to contribute \$25
- Ask five coworkers to sponsor you for \$10 each

WHERE DOES THE MONEY GO?

Funds raised at the 24th Annual Mosquito Meander support the programs and services provided by Fairbanks Counseling and Adoption. This includes individual and family counseling, family support services, parenting education classes, youth Street Outreach and Advocacy Program (SOAP), free pregnancy counseling and support for teens and young women and adoption services.

THANK YOU FOR YOUR INCREDIBLE SUPPORT!



THANK YOU FOR YOUR SUPPORT OF FAIRBANKS COUNSELING AND ADOPTION

Fairbanks Counseling and Adoption is a 501(c)(3) non-profit. Donations to Mosquito Meander are tax deductible as a charitable gift.

Fairbanks Counseling and Adoption | 912 Barnette Street | Fairbanks, AK 99701
Ph 907.456.4729 | Fax 907.456.4623 | www.fcaalaska.org | fca@fcaalaska.org



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Why FUNdraise for FCA?

- To provide breakfast to homeless youth.
- To help develop stable, healthy homes for children in foster care.
- To help youth who are homeless, runaway, or at risk by providing food, crisis intervention, and supportive services, and a place to go at 30 below.
- To help homeless teens find a safe place to live.
- To help parents learn nurturing parenting skills.
- To provide diapers and other baby supplies for teen Moms and Dads.
- To help families build healthy relationships.
- To help homeless youth find employment and prepare them with proper job skills and work apparel.
- To help Fathers be better parents through the Nurturing Fathers program.
- To help runaway, homeless, and at-risk youth connect with community resources that will improve their situation and outcome.
- To provide crisis intervention for those in need.
- To help provide families with the resources and skills they need to be healthy and stay together.
- To provide community education for child abuse prevention, SIDS, and FASD.
- To help individuals in pain or crisis to heal.
- To help adoptive families in finding a child in need of a home and building a forever family.
- To help families improve their well-being by providing counseling, family support, and parenting education services.
- To provide professional counseling for individuals and families in need.
- To assist FCA in providing free supportive services to young pregnant teens and young women in crisis.
- To help homeless youth find stability and success in their future.
- To help runaway and homeless youth stay in school or obtain their GED.
- To help those in need obtain documents such as birth certificates, State ID's, and social security numbers, which is necessary for employment and education.

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